

August Lunch Specials

August 5 - 9, 2024 - Relax and Meditate!

Tomato Cucumber and Red Onion Salad

Make Your Own Buddha Bowl with a Creamy Garlic and Herb Sauce

Rice Pilaf, Variety of Colourful Vegetables such as Rainbow Radish, Carrots, Cabbage, Green

Onions, Spiced Chickpeas, Pickled Onions, Tofu and Grilled Chicken

Angel Food Cake with Strawberries and Whipped Cream

\$18.95 per person

August 12 - 16, 2024 - Trip to Morocco!

Carrot and Chickpea Salad

Moroccan Chicken (Legs and Thighs)

Cinnamon Sweet Potato Mash

Spice Roasted Squash, Carrots and Parsnips

Baklava

\$18.95 per person

August 19 - 23, 2024 - Aloha! So Ono!

Hawaiian Arugula Salad with Peppers, Onions and Broccoli

with Herb Pineapple Vinaigrette

Pineapple BBQ Chicken (Legs and Thighs)

Green Onion and Cilantro Rice

Chocolate Huapia Pie Cups

\$18.95 per person

August 26 - 30, 2024 - Carnivale Caribana!

Cilantro Lime Grilled Garden Vegetable Salad

Jamaican Jerk Chicken (Legs and Thighs)

Rice and Peas

Grilled Mushrooms, Zucchini and Peppers

Chocolate Dipped Banana

\$18.95 per person

Add Soft Drinks for \$1.85

Add Disposable Plates and Cutlery for \$1